



**SCHEDULE-AT-A-GLANCE**  
**2026 Region III Annual Spring Meeting**  
**May 2-6, 2026 at Embassy Suites Myrtle Beach Oceanfront Resort**  
**Lead with Light: Rising to New Heights Together**

Start	End	Title	Track	Level	Critical Pathway	Room
<b>Saturday, May 2</b>						
7:30 AM	5:00 PM	Registration Desk				Windsor Foyer Hall
8:00 AM	5:00 PM	<b>WS1:</b> RACC Certificatoin Training - Body of Knowledge	Professional Development	I		Oxford
8:00 AM	12:00 PM	<b>WS2:</b> Ride the Wave, Avoid the Wipeout: Successful Strategies in Reserch Contracting	Contracts	I		Eton
8:00 AM	12:00 PM	<b>WS3:</b> Pre-Award Essentials: Laying the Groundwork for Success	Pre-Award	B		Windsor A
12:00 PM	1:00 PM	Lunch provided for <b>ALL</b> Workshop Attendees				Kensington ABCG
<b>Dinner (on your own)</b>						
<b>Sunday, May 3</b>						
7:30 AM	5:00 PM	Registration Desk				Windsor Foyer Hall
8:00 AM	5:00 PM	Vendor Area and Networking				Cambridge Hall
8:00 AM	5:00 PM	<b>WS4:</b> From Idea to Award: Building Compliant Research Budgets	Pre-Award	B		Hampton
8:00 AM	12:00 PM	<b>WS5:</b> Empowering Research Excellence: Effective Training Strategies for Research Administrators and Faculty	Research Development	I		Oxford
12:00 PM	1:00 PM	Lunch provided for ALL Workshop Attendees				Kensington ABCG
1:00 PM	5:00 PM	<b>WS6:</b> Navigating the Post-Award Lifecycle: Strategies, Compliance, and Best Practices	Post-Award	B		Winchester
1:00 PM	5:00 PM	<b>WS7:</b> Balance and Boundaries: A Workshop for Wellness and Self-Advocacy	Professional Development	B		Pembroke
5:00 PM	6:00 PM	<b>Newcomer Welcome</b>				Eton
6:00 PM	7:30 PM	<b>Welcome Reception</b>				Current Events Lawn
7:30 PM	9:30 PM	<b>Hospitality Suites / Community Connection! Networking!</b>				Nightwatch
<b>Monday, May 4</b>						
7:30 AM	5:00 PM	Registration Desk				Windsor Foyer Hall
7:30 AM	5:00 PM	Vendor Area and Networking				Cambridge Hall
8:30 AM	9:45 AM	Welcome & Keynote				Kensington ABCG
9:45 AM	10:00 AM	Break				Cambridge Hall
10:00 AM	11:15 AM	Thinking Outside the Box: Creative Solutions in Research Administration	Research Operations	I	NA	Kensington DE
10:00 AM	11:15 AM	The Proposal Sprint: Quality Work at Top Speed	Pre-Award	I	NA	Kensington F
10:00 AM	11:15 AM	From Zero to Post Award Hero: A Beginners Guide to Research Administration in Today's Changing Research Environment	Post-Award	B	NRA	Hampton
10:00 AM	11:15 AM	SONA: A Look at AU's College of Education Research System for Undergraduate Student Research Participation	AI and Research Analytics	I	ATP	Pembroke
10:00 AM	11:15 AM	Risk Assessment and Risk Mitigation in ERIs and PUIs	PUI	I	ATU	Somerset
10:00 AM	11:15 AM	The Importance of Managing Up	Professional Development	A	NA	Winchester
10:00 AM	11:15 AM	Unlocking Subaward Success and Building Strong Teams: A Perspective from Both Sides (Subcontracting and Accounting)	Subcontracts	B	NRA	Oxford
11:30 AM	1:00 PM	<b>Lunch</b>				Kensington ABCG

1:15 PM	2:30 PM	I'll Take Research Administration for " \$500" - Jeopardy Edition	Special Topics	I	NA	Kensington DE
1:15 PM	2:30 PM	Is It Human Subjects Research? It Depends!	Compliance	B	NRA	Kensington F
1:15 PM	2:30 PM	Developing Relationships with Light: Substantially Increasing Proposal Development with University Foundations at PUIs	PUI	B	None	Hampton
1:15 PM	2:30 PM	Building Your Career as a Research Administrator	Professional Development	B	NRA	Pembroke
1:15 PM	2:30 PM	Lean Six Sigma for Research Development: Better Processes, Better Proposals	Research Development	A	ATU	Somerset
1:15 PM	2:30 PM	I Am A Sponsored Programs Officer - NOW WHAT?	Pre-Award	B	NRA	Winchester
1:15 PM	2:30 PM	Follow Up Discussion: Risk Assessment and Risk Mitigation in ERIs and PUIs	PUI	I	ATU	Oxford
2:30 PM	2:45 PM	Break				Cambridge Hall
2:45 PM	4:00 PM	Tools for Audit Success	Post-Award	I	NA	Kensington F
2:45 PM	4:00 PM	RFP Review: Best Practices	Pre-Award	B	ATU	Kensington DE
2:45 PM	4:00 PM	AI Basics in Research Administration: What Is It and How to Start	AI and Research Analytics	B	ATU	Hampton
2:45 PM	4:00 PM	Embedding Research Security in the Sponsored Project Lifecycle: Changing Tires on a Moving Car	Compliance	A	ATU	Pembroke
2:45 PM	4:00 PM	From Disruption to Durability: Building Sustainable Industry Readiness Program	Research Development	I	ATU	Somerset
2:45 PM	4:00 PM	Follow Up Discussion: Developing Relationships with Light: Substantially Increasing Proposal Development with University Foundations at PUIs	PUI	B	NA	Winchester
2:45 PM	4:00 PM	Is It Human Subjects Research? It Depends! – A Follow Up Discussion	Research Operations	A	ATU	Oxford
4:15 PM	4:30 PM	Meditation Meet-up with Ford Simmons				Oxford
6:00 PM	8:00 PM	<b>Dinner Groups (on your own)</b>				
8:00 PM	10:00 PM	<b>Hospitality Suites / Community Connection! Networking!</b>				Nightwatch
<b>Tuesday, May 5</b>						
8:00 AM	5:00 PM	Vendor Area and Networking				Cambridge Hall
7:30 AM	12:00 PM	Registration Desk				Windsor Foyer Hall
8:45 AM	10:00 AM	Building a Standardized Budget Template Aligned with SF-424 Grant Application Requirements	Pre-Award	B	NRA	Kensington DE
8:45 AM	10:00 AM	Ride the Wave, Avoid the Wipeout: Successful Strategies in Research Contracting	Contracts	B	NRA	Kensington F
8:45 AM	10:00 AM	Bridging Generations: Leveraging Strengths Across the Research Administration Workforce	Professional Development	Update	ATU	Hampton
8:45 AM	10:00 AM	Supporting PUIs in the MS-INBRE Network: A Pilot Program for Research Infrastructure	PUI	I	NA	Pembroke
8:45 AM	10:00 AM	Enhancing the Research Administration Workforce	Research Development	I	NA	Somerset
8:45 AM	10:00 AM	The Power of WE: Working with Pis as a Post-Award Administrator	Post-Award	B	NRA	Winchester
8:45 AM	10:00 AM	The Collaboration Multiplier: Expanding Possibilities through Interinstitutional Research Office Partnerships	Research Operations	A	ATU	Oxford
10:00 AM	10:15 AM	Break				Cambridge Hall
10:15 AM	11:30 AM	LEAP 2025-2026 Participant Panel: Region III Leadership Course - The Pilot Year	Special Topics	B	NRA	Hampton

10:15 AM	11:30 AM	Building a Culture of Growth: Designing Scalable Professional Development Programs for Research Administrators	Professional Development	I	NA	Kensington DE
10:15 AM	11:30 AM	Building Strong Teams in Complex Grants	Research Operations	I	NA	Kensington F
10:15 AM	11:30 AM	Mini Hackathon: Solve A Real-World Research Admin Challenge Using Data	AI and Research Analytics	I	ATU	Pembroke
10:15 AM	11:30 AM	Subrecipient Monitoring: Keys to Successful Subrecipient Relationships	Subawards	I	NRA	Somerset
10:15 AM	11:30 AM	Building a Standardized Budget Template Aligned with SF-424 Grant Application Requirements: A Follow Up Discussion	Pre-Award	B	NRA	Winchester
10:15 AM	11:30 AM	What's On A Website? Strategies for Communication	Research Development	B	ATU	Oxford
11:45 AM	1:30 PM	<b>Regional Business Meeting with Plated Lunch Announcement of Regional Award Winners</b>				Kensington ABCG
1:45 PM	3:00 PM	Analogies and Examples for Your Contract Negotiation Toolbox	Contracts	I	NRA	Somerset
1:45 PM	3:00 PM	From Complexity to Clarity: Leveraging Repeatable Processes to Optimize Pre-Award Proposal Administration	Pre-Award	I	NA	Kensington F
1:45 PM	3:00 PM	Research Compliance & Sponsored Programs Administrators: Collaborating to Develop Critical Strategies for Increased Research Capacity	Compliance	I	ATU	Hampton
1:45 PM	3:00 PM	Training with Light: Substantially Increasing the Grant Proposal Writing Capabilities of Faculty and Professional Staff to New Heights at PUIs	PUI	B	NRA	Pembroke
1:45 PM	3:00 PM	Mastering Allowable Costs: Practical Guidance for Research Administrators	Post-Award	B	NRA	Kensington DE
1:45 PM	3:00 PM	Customer Service in Research Development and Administration	Professional Development	B	NRA	Winchester
1:45 PM	3:00 PM	Follow Up Discussion: Beyond the Hackathon: Turning Insights into Action	AI and Research Analytics	I	ATU	Oxford
3:00 PM	3:15 PM	Break				Cambridge Hall
3:15 PM	4:30 PM	The Follies of a First Year Research Administrator	Pre-Award	B	NRA	Kensington DE
3:15 PM	4:30 PM	Making the Move from Managing to Leading	Professional Development	I	ATU	Kensington F
3:15 PM	4:30 PM	The Basic Uses of AI in Research Administration	AI and Research Analytics	I	NRA	Hampton
3:15 PM	4:30 PM	Determining FDA-Regulated Human Subjects Research: Requirements, Review Pathways, and Compliance Essentials	Compliance	B	NRA	Pembroke
3:15 PM	4:30 PM	Pre-Award vs Post-Award: It's Not a Gap, It's Just a Weird Corner	Special Topics	I	NA	Somerset
3:15 PM	4:30 PM	A Follow Up Discussion: Training with Light: Substantially Increasing the Grant Proposal Writing Capabilities of Faculty and Professional Staff to New Heights at PUIs	PUI	B	NRA	Winchester
3:15 PM	4:30 PM	Follow Up Discussion: Analogies and Examples for Your Contract Negotiation Toolbox	Contracts	I	NRA	Oxford
4:30 PM	4:45 PM	Meditation Meet-up with Ford Simmons				Oxford
6:00 PM	9:00 PM	<b>Party / Networking and Celebration Dinner</b>				Kensington ABCG
<b>Wednesday, May 6</b>						

8:45 AM	10:00 AM	The Double Vice: Federal Funding Freezes and Workforce Downsizing Pressures in Research Administration	Federal Updates	A	ATU	Kensington F
8:45 AM	10:00 AM	Dear Sponsor, Please Fund Us (We Swear It's Justified)	Pre-Award	I	ATU	Kensington DE
8:45 AM	10:00 AM	Building a PI Support Toolkit: Simple Ways to Help Researchers Succeed	Research Development	B	NRA	Hampton
8:45 AM	10:00 AM	Closeouts 101	Post-Award	I	ATU	Pembroke
8:45 AM	10:00 AM	MODify Your Methods: Create Resources that Save Time and Increase Faculty Engagement Presenters	Research Development	B	NRA	Somerset
8:45 AM	10:00 AM	Follow Up Discussion: Determining FDA-Regulated Human Subjects Research: Requirements, Review Pathways, and Compliance Essentials	Compliance	B	NRA	Winchester
8:45 AM	10:00 AM	Beyond Student and Scholar Exchanges: What the Fulbright IEA Taught Me About Global Research Administration	Professional Development	B	ATU	Oxford
10:00 AM	10:15 AM	Break				Cambridge Hall
10:15 AM	11:30 AM	AI in Pre-Award Research Administration: Promise, Pitfalls, and Practical Applications	Pre-Award & AI	I	ATU	Somerset
10:15 AM	11:30 AM	Why Are Policies So Difficult to Implement and Develop at PUIs?	PUI	I	NA	Kensington F
10:15 AM	11:30 AM	What the Core? Proposing and Managing Large Scale Projects	Pre-Award	I	NRA	Hampton
10:15 AM	11:30 AM	Designing Smarter Workflows: Process Mapping for Research Administrators	Research Operations	I	NA	Pembroke
10:15 AM	11:30 AM	Cost Share Demystified	Pre-Award	B	NRA	Kensington DE
10:15 AM	11:30 AM	"The Write Stuff" - Writing for NCURA	Special Topics	B	NA	Winchester
10:15 AM	11:30 AM	Cohesion, Conflict, and Collaboration Across Pre-, Post-, and Departmental Research Administration	Research Operations	I	NA	Oxford
11:30 AM	Conference Adjourns					